

Basic Stitches on a Single Rake  
Free instructions from  
<http://www.loomknittingdesigns.com>

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Materials for practice:

- Any loom used as a single rake
- 1 ball practice yarn
- Loom yarn pick

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What's included here:

In this PDF document I will walk you through the instructions on completing the basic **e-wrap** and **purl** stitches. Both instructions start with the cast on and end with your first row completed. A 'stitch' is reference to a single peg being worked. A whole loom of pegs being worked is a row.

Learning these stitches will give you a foundation for most projects on the loom. Master these and you are on your way to a world of looming fun!

The loom I used in the pictures is the smallest round Knifty Knitter blue round loom. However, these instructions will work with any loom used as a single

rake, or in other words, any loom that you wrap only one row of pegs.

Enjoy!

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### The E-Wrap stitch:



**Step 1**

**Step 1:**

Attach the yarn to the thumb tack on the side of your loom.



**Step 2**

**Step 2:**

Wrap the yarn clockwise around the first peg to the right of the thumb tack.



**2a**



**Step 3**

**Step 3:**

Move to the next peg to the right of the first peg you wrapped and wrap that peg in a clockwise direction.



**Step 4**

**Step 4:**

Continue wrapping each peg in a clockwise motion until you are all the way around your loom.



**Step 5**

**Step 5:**

Now attach the working yarn to the thumbtack. You can use a half hitch or just wrap it around the peg a few times. This keeps the wraps on the pegs in place while you complete the next step.



**Step 6**

**Step 6:**

Push down the wraps you just completed to the bottom of all the pegs. E-wrap rows are always started with the wraps at the **bottom** of the pegs.



**Step 7**

**Step 7:**

Wrap each peg a second time. Wrap as you did the first time – in a clockwise direction. Wrap all the way around your loom.



Once you are all the way around a second time, hitch the working yarn to the thumbtack again. You should now have 2 wraps on all the pegs as seen in the picture to the left.



**Step 8**

**Step 8:**  
Now starting with the first peg to the right of the thumbtack, grab the bottom loop on the peg by inserting your pick from the bottom of the peg to the top. Catch only the bottom loop with your pick as seen in the picture on the left.



**Step 9**

**Step 9:**  
Lift the bottom loop over the top loop and up and off the peg. The top loop should remain on the peg.

Repeat this, lifting the bottom loop up and off each peg around. When you are done, you should have only one loop





**Step 9a**

remaining in each peg. When completed, your loom should look like picture 9a.

**Repeat steps 6 – 9** over and over to create a basic e-wrap knitted fabric.

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### The Purl stitch:

The purl stitch is a bit harder than the e-wrap, so stick with me! To begin the purl stitch, you must cast on to your loom first. For the purposes of these instructions, just complete steps 1-4 in the previous e-wrap stitch section. This is called an e-wrap cast on edge and is also part of many patterns. This isn't, however, the only cast on available – but I won't go into any other cast on techniques in this PDF.

So once you have completed the e-wrap steps 1-4, start with the instructions below:



**Step 1**

**Step 1:**

Purl rows always begin with the loops at the **top** of the pegs. With the loop at the top, lay the working yarn under the loop and across the front the peg as seen in the picture on the left.



**Step 2**

**Step 2:**

Place the point of your pick under the top loop and over (in front of) the working yarn



**Step 3**

**Step 3:**

Grab the working yarn by turning your pick inward toward the middle of the loom. With the yarn that is around the tip of your pick, pull a loop of working yarn up through the top loop on the peg.



**Step 4**

**Step 4:**

Now with your fingers hold the loop of working yarn you just created.



**Step 5**

**Step 5:**

With your pick, grab the loop on the peg by going down through the working loop.



**Step 6**

**Step 6:**

Now turn the point of your pick upward and pull the loop off the peg while still holding the working loop with your fingers.





**Step 7**

**Step 7:**

Place the working loop around the peg. Give the working yarn a tug to tighten the working loop around the peg.



**7a**

**Repeat Steps 1-7a** all the way around your loom to create a purled fabric.

**\*TIPS:**

- If you work every row in E-wrap stitch, the resulting **fabric** is called “*Stockinette*” or “*Stocking*” stitch.
- If you work every row in Purl stitch, the resulting **fabric** is called “*Reverse Stockinette*” or “*Reverse Stocking*” stitch.

- If you work one row in e-wrap and then one row in purl and repeat that back and forth the resulting **fabric** is called “*Garter*” stitch.

Good luck! If you have a questions or comments regarding these instructions please drop me an email at [lisa@loomknittingdesigns.com](mailto:lisa@loomknittingdesigns.com).