

# Great Fit Knifty Knit Mitts

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## Materials:

- Knifty Knitter red loom for women's size or Knifty Knitter green loom for men's size
- 150 yards or just under 2 balls Lion Brand Thick N' Quick – or similar Super Bulky Weight yarn
- Knifty Knitter pick
- Yarn needle
- 1 Large stitch holder
- 2 stitch markers
- Scissors



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## Some ground rules before you begin:

1. This pattern is designed especially for the Knifty Knitter round loom set. If you try them on another loom you will need to adjust for any difference in gauge.

2. Since this pattern includes instructions for two sizes, I will note peg numbers and measurements for the men's size mittens in parenthesis. For example, the instructions "Cast on 18(20) pegs" means cast on 18 pegs if you are making the women's size mittens or cast on 20 pegs if you are making the men's size mittens.

3. **(This one is important)** as noted in the materials list above, use the **RED** round Knifty Knitter loom for the women's mittens and use the **GREEN** round Knifty Knitter loom for the men's size. If you don't, the mittens will not fit properly!

4. Both sizes are made as a flat panel, NOT in the round. When instructed to e-wrap across, e-wrap across all pegs and do not slip a

stitch at the end. Slipping isn't necessary since you will be sewing the edges together once the mitten is done. This hides any uneven looking edge.

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**Instructions:*****Casting on:***

Cast on to your Knifty Knitter loom using the e-wrap stitch. E-wrap 18(20) pegs once. On the second pass across to put on the second loops, work in one purl stitch and then one flat stitch (alternating) across.

***Working the Cuff:***

The cuff is worked in a 1 by 1 ribbing. The rib is worked as you've already started:

**Row 1:** 1 flat stitch, 1 purl stitch – repeat across

**Row 2:** 1 purl stitch, 1 flat stitch – repeat across



Repeat rows one and two above until piece measures 2(3) inches from cast on edge. When you are done, the ribbing should look like the picture on the left.

*Palm and thumb:*

You will now begin increasing for the palm and thumb section of the mitten.



*Step 1*



*Step 2*



*Step 3*

**Increasing:**

Increase one stitch at the beginning of each row. (See steps 1-3 below and accompanying pictures to the left)

*Step 1:* To increase, instead of wrapping the 1<sup>st</sup> peg in the row, wrap the 1<sup>st</sup> unwrapped peg adjacent to it.

*Step 2:* Then lay the working yarn across the top and front of the peg, above the wrap completed in step 1.

*Step 3:* Then e-wrap the first peg of the row as normal.

Continue e-wrapping across to the end. Knit off all pegs including the increased peg.

After the first increase, you should now have 19(21) pegs total.

Repeat this increasing one peg at the beginning of each row until you have a total of 27(29) pegs total.

*Working the thumb:*

Once you have completed increasing, cut your working yarn. Leave a tail long enough to weave in later – approximately 6 inches long.



As a reminder later, place a stitch marker on pegs #10(11) from each side. Place these markers on TOP of the loops on each peg – see picture on the left.

You should have 7 pegs between the stitch markers for both men's and women's.



Tie a slip knot and re-attach the working yarn to the first peg to the left of the right most stitch marker. Keep the knot toward the inside (or wrong side) of the loom.

In the picture on the left, you can see the blue stitch marker just to the right of the attached yarn.



Begin e-wrapping back and forth between the stitch markers. DO NOT wrap the pegs with the stitch markers. These markers are marking the edge of the thumb and serve as a reminder to stop e-wrapping and turn back around for another thumb row.

You can see the markers in the picture on the left. The middle is wrapped and the marker pegs are not.

Continue wrapping the thumb section until the thumb measures about 1.75(2) inches. It's hard to measure this because the hand of the mitten and the thumb will be a bit scrunched. All I can say is, do your best and if you have to guess, stop knitting a bit shy of the measurement. It's better to have a thumb that is a bit snug than a thumb that is way too long. The more pairs you make of these, the better you'll know where to stop.



Once you have the thumb the length you want, cut the working yarn leaving about a 10 inch tail. Gather bind off the end of your thumb.

Gather the stitches and then thread a yarn needle with the yarn tail. Hitch the end of your thumb gathering so it won't come undone by going through the two end stitches (the two stitches between my thumb and forefinger in the picture on the left).

Then leave the yarn tail hanging and remove the yarn needle. You will finish the thumb seam at the end.

In preparation for the next step, move the unfinished thumb to the outside of your loom.

*Moving the sides back together:*

Your thumb is now knitted (except for the seam) and it's time to continue with the mitten hand. In order to complete the hand, you have to move the two sides of the mitten together and close the gap left by the thumb.



While holding the loom so you are looking at the outside, using a stitch holder pick up the first stitch on the right hand side of your knitting. Pick it up from the bottom of the peg to the top of the peg onto your stitch holder.

Continue picking up all the stitches in this way until you have all the stitches on the right side of the gap on a stitch holder. The last peg you pick up should be the one with the stitch marker on top. Once you have this stitch on the stitch holder, you can remove both stitch markers.



No place each stitch back on the pegs closer to the middle where you just worked the thumb. When placing the stitches back on the pegs, be sure not to twist them. Place the left part of each loop on the peg first then the right part. If you twist the stitches, the first row of the hand will look a little funky 😊

Leave one peg in the middle empty – see picture on the left



Working from the inside of your loom now, you will pick up the first stitch on the thumb edges and place it onto the empty peg. Pick up one from the left edge where the thumb and hand connect and one from the right edge where the thumb and hand connect.

This creates a nice connection between thumb and hand and relieves a little yarn stress from that area where everything converges.

**\*note:** you are not closing the gap of the thumb and hand – there should still be a hole where the thumb goes in.



Once you have completed moving all the stitches and picking up each edge of the thumb, you should have a total of 21(23) stitches across for the hand.

Knit off this middle thumb pegs with two stitches – see picture on the left. Then, attach the working yarn again to the edge of the piece (either edge). E-wrap across all pegs and knit off.

Continue e-wrapping all pegs back and forth until you have the desired length for your hand.

**\*TIP:** For a perfect length, place the unfinished mitten on the hand of

the intended wearer by placing their thumb into the thumb of the mitten. You can see where the fingers end above the thumb and see where you'll need to stop knitting. When you can't see the fingers any more – STOP KNITTING 😊 I did this when knitting mine and they came out perfect!

*Finishing:*

Once you have the mitten at the desired length, cut a tail of yarn about 18 inches long and gather bind off the end. With wrong sides of the knitting facing each other, stitch the side edges together to form the round mitten.

Sew the short thumb seam in the same way and weave in all yarn ends. There are quite a few ends – make sure you get them all.

Make two for a pair. Each mitten can be worn on either hand.

